

## **Ideas for practicing charisms at St Philip Neri Parish**

(rev. 10-25-13)

### **Administration** - St. Vincent de Paul, St. Margaret of Scotland, St. Pulcheria

Provides the planning & coordination needed to accomplish good things

- \* Chair committees
- \* Plan events for the parish
- \* Help Father by taking charge of projects and delegating tasks to others
- \* Organize or coordinate area of activity with in another charism you have or area of interest
- \* Serve on finance council

### **Celibacy** - St. Isabella of France, St. Philip Neri, Blessed Kateri Tekakwitha

Most fulfilled & spiritually fruitful by remaining unmarried and celibate for the sake of Christ.

- \* Go on a mission trip
- \* Go to a live in weekend or discerning weekend for religious life or priesthood.
- \* Go on a silent retreat
- \* Be in spiritual direction
- \* Read the lives of celibate saints

### **Craftsmanship** - St. Joseph, St. Bridget of Ireland, Blessed James Duckett

Inspired artistic or creative works that beautifies and/or orders the physical world, includes both the arts of (cooking, sewing, construction, gardening and so on) and the arts of recreation (painting, sculpture, wood, food)

- \* Building/carpentry/painting as per request from Father
- \* Design/create costumes for skits/Christmas program
- \* Sewing liturgical linens
- \* Create & maintain bulletin boards in church/parish center
- \* Photography - take photos of parish events,
- \* Volunteer to do gardening/landscaping for parish grounds
- \* Arrange flowers, plants, in church and brick planters
- \* Altar/church decorating
- \* Decorating for holidays, parish events

### **Discernment of Spirits** - St. John of the Cross

Accurate perception of divine or demonic presence in certain people, places, or things

- \* Work with intercessory prayer people with prayer requests that may come up
- \* Join charismatic prayer group
- \* Dialogue with pastor about your perceptions of spiritual realities
- \* Utilize with other charisms

### **Encouragement** - St. Barnabas, St. Francis de Sales

Nurtures or fosters others through presence and words of comfort, encouragement, and counsel

- \* Visit people after a baby, or a loved one is sick or has died
- \* Make trips to nursing home on a regular basis
- \* Setting goals to encourage at least one person after Mass, e.g. young mother
- \* Send a card of encouragement to someone in need once a week
- \* Disciple others in their journey to know Jesus
- \* Give attention and support to someone in need
- \* Foster vocations to religious life & priesthood
- \* Lead bereavement group for those who have experienced loss

### **Evangelization** - St. Catherine of Siena, St. Frances Xavier, St. Joseph Moscati

Sharing the faith with others in a way that draws them to become disciples of Jesus and responsible members of his Church.

- \* Share your faith with people while out for a walk or at a community event or public place
- \* Invite people to Young Adult gathering and parish events

**Faith** - St. Teresa of Avila, St. Frances Xavier Cabrini, St. Maximilian Mary Kolbe

Exceptional trust in the love, power, and provision of God and remarkable freedom to act on this trust

- \* Work with Pastor to be a part of brave new initiatives
- \* Talk to people about tithing of time and money to God
- \* Be a member of a prayer group
- \* Work as a missionary
- \* Serve on pastoral committee &/or other committees and encourage stepping out in faith
- \* Do radical things for Christ (ex. quit job and work for poor or church)
- \* Foster vocations to religious life & priesthood

**Giving** - St. Melania the Younger, St. Homobonus, St. Katherine Drexel

Giving with exceptional generosity to those in need, providing the financial and material resources that make good things happen.

- \* Support /get involved in donations for certain causes
- \* Volunteer at a soup kitchen
- \* Sponsor various causes such as missionary work
- \* Sponsor parish mission
- \* Get involved in food shelter
- \* Volunteering at care center.
- \* Making meals for sick or shut in's or lonely or new moms or new families.
- \* Giving of time/talent....house cleaning for sick or aged
- \* Serve as a missionary or go on a mission trip
- \* Respond generously to diocesan appeals, clothing drives, etc.

**Healing** - St. Francis Xavier, St. Philip Neri, St. Julie Billiart, St. Martin de Porres

God uses me to cure illness and restore health where healing is unlikely to happen quickly or at all

- \* Be a volunteer/chaplain at hospital and prays over and with patient if they permit
- \* Works with Pastor to pray for and over people
- \* Be a member of a prayer group
- \* Visit shut-ins and sick people of community and pray over and with them, if they permit

**Helps** - St. Macrina, Saint Paula, St. Anne Line

Offering my talents and charisms to enable other individuals to serve God & people more effectively.

- \* Works with a leader to carry out big project
- \* Altar server, usher, sacristan
- \* Do walk thru of church, and parish center daily, or weekly to attend to various needs
- \* See what needs to be done in parish/church grounds, as well as cemetery
- \* Be on a committee of another charism or interest
- \* Coordinate visits of substitute priest

**Hospitality** - St. Benedict, St. Margaret Clitherow, St. Swithin Wells

Warmly welcoming and caring for those in need of food, shelter, and friendship

- \* Inviting people over for coffee or lunch dates,
- \* Inviting couples out for supper or having them over,
- \* Welcoming people in the back of Mass (greeter)
- \* Hosting small group events at parish
- \* Cooking meals or serving for Parish events

- \* Host the young disciples, net team or visitors, speakers at parish
- \* Welcome new people to our community/church
- \* Take meals to those who could use them (single person, family who just had a baby, young couple with children)
- \* Serve as guest master at parish retreats
- \* Serve as cook at parish retreats

**Intercessory Prayer** - St. Dominic, St. Therese of Lisieux

My prayer for others enables God's love and deliverance to reach them in specific, remarkable ways

- \* Systematically pray for people, families, causes (use parish list, current events, phone book, etc.)
- \* Persistently pray for certain situations, (ex. couples living together, on-going division between two people, concern of someone not going to church, etc.)
- \* Take up prayer requests, then pray for them
- \* Be part of a prayer group that meets regularly
- \* Combine fasting with your prayer
- \* Tell pastor you are willing to pray for intentions.
- \* Go to daily mass and offer prayer with sacrifice being offered

**Knowledge** - St. Thomas Aquinas, St. Thomas More, Ven. John Henry Newman, St. Edith Stein

A channel of God's truth through study and intellectual activity that enables us to better understand God, ourselves, & the universe.

- \* Serve on a committee and research topics as needed
- \* Help with homeschool network or faith summer program
- \* Tutor
- \* Volunteer to be a CCD teacher
- \* Be a RCIA team member
- \* Parish council member
- \* Teach adult education classes

**Leadership** - St. Ignatius of Loyola, St. Teresa of Avila, St. Maximilian Mary Kolbe, St. Madeleine Sophie Barat

Empowers a Christian to be an agent of God's purposes - sharing a compelling vision with others that draws them to work together to make the vision a reality (St. Maximilian Kolbe - "only love is creative")

- \* Get involved in strategic planning for parish
- \* Setting up or working with the vision and mission for a parish
- \* Brainstorm in future plans or direction
- \* Make Fathers dreams come true! Ha
- \* Lead a ministry
- \* Be a member of pastoral council or finance council

**Mercy** - Blessed Damien of Molokai, Blessed Teresa of Calcutta

Practical deeds of compassion that comfort those who suffer and help them experience God's love

- \* Send cards & letters to grieving/sick
- \* Bake cookies and deliver them
- \* Send flowers,
- \* Take shut ins, elderly, people at care center out to eat, take them out for a walk, read to them, play games, organize freezer meals,
- \* Provide transportation to Mass & church events
- \* Help with Care Center Mass

**Missionary** - Blessed Raymond Lull, St. Francis Xavier, St. John de Britto, Ven. Edel Quinn

Empowers a Christian to be a channel of God's goodness to others - effectively and joyfully using their charisms in a **second culture**. (Ven. Edel Quinn, lay missionary to Africa)

- \* Reach out to visitors, immigrants, foreign students
- \* Go on a mission trip
- \* Become a missionary for a summer, year or life

Expressions of Missionary- missionary, international business, international relief and development, diplomacy/reconciliation/peace-maker, work with refugees or immigrants, work with cultural or linguistic minority groups, inner city work/social worker, social justice activist, preacher/evangelist, pastoral work, ESL teacher

### **Music** - Blessed Hildegard of Bingen

Writing or performing music for the delight of others and the praise of God

- \* Lead music at daily mass
- \* Sing psalm
- \* Make a Mass group of all with music charism
- \* Sing/play for weddings or funerals
- \* Sing for people at care center
- \* Caroling at Christmas time
- \* Start a Christian band
- \* Help lead praise and worship with youth
- \* Lead a choir
- \* Give singing lessons to priest, deacon, and /or other musicians

### **Pastoring** - St. Charles Borromeo, Blessed Henry the Shoemaker, Blessed Josefa Naval Gerbes

Communal, amazing nurturers, building Christian community by nurturing the relationships and long-term spiritual growth of a group.

- \* Lead a small group, such as Ministry of Mothers Sharing, music groups, youth groups
- \* Leading/facilitating prayer groups/bible studies
- \* Organize a group for a specific function; (ex. discerning one's charism, evangelization, educating one's children in the faith, pro-life work, prayer group)
- \* Help with parish youth group

### **Prophecy** - St. Philip Neri, Blessed Anna Maria Taigi, Dorothy Day

Communicating the word or call of God to individuals or groups through inspired words or actions

- \* Share testimonies on what God has done in your life with others (ex. at a sporting event, lunch outing, in the store)
- \* Teach your family about the saints and how we are all called to be saints (ex: celebrate saint of the day in your family)
- \* Serve on the pastoral council

### **Service** - Sir John Burke, Blessed Catherine Jarrige

A channel of God's purpose; recognizing the gaps or unmet needs that prevent good things from happening, and by personally doing whatever it takes to bridge the gap or meet the need; multi-talented

- \* Volunteer, handy man,
- \* Help work on Father's To-do list
- \* Usher
- \* Help with food pantries
- \* Help with blood drives
- \* Be active on local school board, community groups, etc.
- \* Participate in peace/justice movements, pro-life movement, letter writing campaign
- \* Helps with a national disaster

**Teaching** - St. John Baptist de la Salle, Blessed Mary MacKillop

Enabling others to learn information & skills that help them reach their full spiritual and personal potential. If you have this charism; others will learn!

- \* CCD teacher
- \* Teach your children the bible/scripture & catechism (obligation of all parents with Baptized children)
- \* Teach advance course on the faith
- \* Lead a book study or other educational program at parish
- \* Tutor students who need help
- \* Help with RCIA process (process in which new members get involved)
- \* Teach summer classes at parish or home-school network

**Voluntary Poverty** - St/ Francis of Assisi, St. Clare of Assisi

A lifestyle of cheerful, voluntary poverty or simplicity in order to identify with Jesus and the poor

- \* Sell a bunch of your possessions to give to poor (maybe work with Father or someone you trust to make sure you are not being imprudent)
- \* Eat simply and give the money you save to the poor
- \* Buy secondhand clothes and go without 'essential' things
- \* Provide help to the sick, orphans, prisoners, or the homeless
- \* Don't buy unnecessary or expensive things, and give away what you save
- \* Sell your house or vehicle and move into something simpler; give money to the homeless or give to a family who has more need of it than you.

**Wisdom** - St. John Joseph of the Cross, St. Nicholas of Flue

Insight that comes up with creative solutions to specific problems and enables others to make good decisions

- \* Get involved in youth program
- \* Get involved with pastoral council
- \* Get training and become a spiritual director

**Writing** - Gerard Manley Hopkins, Gilbert Keith Chesterton, Sigrid Unset, Flannery O'Connor

Using words to create works of truth or beauty that reflect human experience and bring glory to God

- \* Work with Pastor to write for parish newsletter or bulletin
- \* Manage parish website
- \* Help with advertising of events
- \* Write "letters to the editor" to local newspapers
- \* Start a "Religion" section in the Homestead and write a weekly article
- \* Write a book
- \* Write thank you notes on behalf of parish

**List of organizations/committees/groups that could be formed or participated in using one's charism**

KC	Intercessory prayer
Altar Society	Finance Council
Pro-life	Parish strategic planning
Theology of the Body	Charismatic prayer
Liturgy	Bible Study
Youth	St. Vincent de Paul Society (to help poor)
Vocations	Pastoral Council
Education	Evangelization
Homeschool	Charism discernment /promotion
Sister Parish	