

It's time!

Say "Yes" to God's plan for married love.

National NFP Awareness Week
JULY 23 - JULY 29, 2017



ity ovulation is a sign of reproductive health. Many issues can be addressed by studying a woman's reproductive cycle including: vaginal infections, PMS, heavy periods, PCOS, thyroid problems, migraines, acne, pre-menopause, male and female infertility, and more.

Contraceptives were never designed to improve a woman's health. Instead, if you have any reproductive health concerns, consult with a health professional knowledgeable in maintaining a woman's natural healthy balance and able to

recognize and pinpoint female health issues and provide advanced, state-of-the-art technology and testing to give appropriate diagnosing and treatment.

Infertility

Just one of the many female health issues that can be treated with NFP charting is infertility. In a recent trial of couples using the Billings method of NFP, 78% achieved pregnancy, including 65% who were sub-fertile couples. Compare this to pregnancy rates of around 20% achieved with one cycle of IVF. So, don't panic. As high as 1 in 6 couples may be considered infertile when in fact they are sub-fertile, and with help from an NFP teacher, they may be assisted in identifying hormonal imbalances or problems in their reproductive system. With adequate time, support, and education, many couples can become pregnant. Unexplained infertility is not always unexplainable.

FABM, or Fertility Awareness Based Methods, such as the various methods of NFP (natural family planning), are between 95-99.5% effective when used correctly.

Not Always Easy, but Worth the Effort

NFP can be hard, especially in seasons of difficult charting – like postpartum, perimenopause, times of stress, or hormonal imbalance. Abstaining can be hard. Biology has other plans. Also, NFP does not guarantee a blissful relationship with your spouse.

Sharing Joy

Despite the challenges, NFP is an amazing tool for couples and women. When couples are communicative, and open, and working through their challenges, NFP can open many wonderful doors. The empowerment a woman gains by learning her cycles is, alone, reason enough to get excited about NFP! In addition, there are the undeniable health benefits to steering clear of hormonal contraceptives.

Prevent and Promote

NFP has two main purposes: Prevent pregnancy when a couple has serious reasons to avoid and *promote pregnancy as well as reproductive health*. Your charted cycle can reveal hormonal imbalances which can help professionals find answers.

Your Health is Worth It

Please, women, research and take your health seriously. Women from pre-teen through menopause should seek knowledge to empower, educate, and enlighten a themselves. Hormones in tune with a healthy reproductive system show true health. Fertil-

Check out these great resources:

Factsaboutfertility.org
Naturalwomanhood.org
Billingslife.com
fargodiocese.org/NFP
Books:
The Sinner's Guide to Natural Family Planning
Good News About Sex and Marriage
Fertility, Cycles and Nutrition

For more information about NFP or women's health, contact Dawn Becker RN, BOMA (Billings Method of NFP) educator for a confidential consult at 701-226-3087 or dawn16marie@gmail.com.

St. Philip Neri Catholic Church

A Discipleship Parish



Fr. Neil Pfeifer, Pastor
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Cell: 701-208-1124



stphilipnerinapoleon.org
754-2860
Fr. Pfeifer's Website: mybrotherjesus.com



"The kingdom of heaven may be likened to a man who sowed good seed in his field...He who sows good seed is the Son of Man, the field is the world, the good seed the children of the kingdom." - MATTHEW 13:24, 37-38

As children of God, we are all "good seeds," blessed by God with the potential to accomplish much good in the world. We fulfill God's plan when we share our talents

and our financial gifts to help build God's kingdom on earth. Through our stewardship, we sow "good seeds" on earth to ultimately help each other get to Heaven!

St. Philip Neri Prayer Chain - Contact Janet Christmann Bitz at 754-2295 or janetbitz14@gmail.com

Confessions: 1/2 hr before every Mass, 1 hour before Saturday Mass, OR by appointment.

Weddings: Contact Fr. Pfeifer at least 6 months prior.

Baptisms: Contact Fr. Pfeifer before Godparents are chosen.

**July 23, 2017
Sixteenth Sunday
in Ordinary Time**

Mon., Jul 24 7 PM +Wendelin Vetter (Death) by Darrell & Danita Bitz Family
Tue., Jul 25 7 PM +Agnes Gross by Virginia & Paula Fettig
Wed., Jul 26 8 AM +Pete Horner by Christ & +Tillie Leier
Thurs., Jul 27 8 AM +Marty Sperle by John & Margaret Bitz
Fri., Jul 28 8 AM +Maggie Haas by Anna Nolz (Anni. July 19)
Sat., Jul 29 8 PM Our Parishioners
Sun., Jul 30 10 AM +Tillie Leier by Christ Leier Family
Sun., Jul 30 Care Center 8:45AM +George & +Margaret Howarth Helper: Lorraine Reis



Rosary 25 minutes before all weekend & daily masses.



Exposition of the Blessed Sacrament takes place from 6 AM Thursday until midnight Friday.

**Stewardship of Treasure
This Week: \$ 3,138.21**

Parish Announcements

Steubenville - Chaperones and youth will be leaving for St. Paul, MN on Fri., July 28 at 6 AM and returning on Mon., July 31 at 1 AM. Please keep them in your prayers, that they will experience the power of God on this life changing retreat weekend.

Calling New Altar Servers – Would your child like to serve the Lord at His altar? To be an altar server, you must be going into 4th grade or higher, must have made your first Holy Communion and Confirmation, must be responsible to follow a schedule and, most importantly, have a desire to help priests during the Holy Mass. To sign up for the training or ask questions, please contact Deacon Allen Baumgartner at 754-2874.

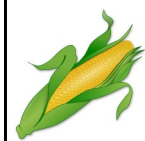
Catholic United Financial will be here this weekend at the 10 AM Sunday morning Mass to deliver a grant that the parish applied for and won. The \$250 grant is to be used for youth technology to enhance our parish teaching programs. Representatives from Catholic United are also bringing doughnuts to share in the front entrance after Mass. Please stop and thank them for their generosity.

The senior class of 2017 will be doing a **Rome presentation** on Tues., July 25th after the 7 PM Mass in the church. Come and experience Rome and the things that they learned and saw while walking in the footsteps of St. Philip Neri.

Healing Service for Fr. Katanga - There will be a healing service (NOT a MASS) for Fr. Katanga in Wishek on Sunday night, July 23rd at 7:30 PM. Fr. Katanga who is pastor in Zeeland, Wishek, and Ashley was recently diagnosed with cancer in the prostate that has spread into his bones and lymph nodes. Please join us!

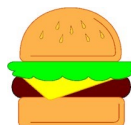
Parish Holy Land Trip - Walk in the footsteps of Jesus on April 9-20, 2018. Sign up ASAP, as we are now in the process of finalizing the trip. To register, call the office or speak to Fr. Pfeifer.

Our sympathies go out to the family of **Anna Schatz**. Her wake service will be Sunday at 4 PM at Dahlstrom Funeral Home, and her funeral will be Monday at 10:30 AM here at St. Philip Neri.



The St. Philip Neri "Fresh Corn Feed" will be Sat., Aug. 19 at the Napoleon Park. Come and enjoy the locally grown corn on the cob and hamburgers. All registered parishioners will be receiving their raffle/meal tickets in the mail this week. Each ticket will buy your

meal (all-you-can-eat hamburgers and corn), a drink, and a chance to win one of ten door prizes. Ticket money may be dropped off at the parish office or placed in the collection basket. Return all tickets by **August 13th**. If you are not a registered parishioner, please call the parish office and speak to one of the secretaries.



Announcements, Cont.

Seminarian Eric Seitz - Eric finishes his summer assignment and internship with us on August 4th. This is his final weekend here, and he will give a reflection. He will not be here next weekend as he travels with the youth to St. Paul. **There will be a Mass time change on Thur., Aug. 3rd to 5 PM, followed by an ice cream social at 5:30 to wish him well,** and send him off with our gratitude.

Baptism - St. Philip Neri wishes to welcome **Kynlie Jade Doll**, daughter of Kenan and Misty Doll, who is being washed in the waters of baptism this weekend. May God bless her, her parents, godparents, and grandparents with many blessings.

FORMED.org has the best Catholic movies, programs, talks, and ebooks—all FREE and just a click away! Parishioners may go to Formed.org and register an account using our parish code: **T2TKH2**. This Week's Highlight: Are you looking for a good book for your pre-teen/teen to enjoy this summer? Check out "Awakening", the story of a 21st-century American teenage girl who lost her faith following the deaths of her father and brother.

Diocese of Fargo Seminarian Gathering will be at St. Philip Neri August 8 - 12. Bishop Folda will be here August 11th and 12th. We welcome them with open arms, and we continue to pray that they will follow the call that God has planned for them in their ministry. **Two adjustments to Mass times that week:** Bishop Folda will preside at Mass at 5:15 PM on Fri., Aug. 11th as he welcomes the new seminarian candidates into the diocese to study for Fargo, and he will preside on Sat. Aug. 12th at 10 AM as he installs seminarian lectors and acolytes into the diocese. Please help the seminarians and their family members who join them, feel our Napoleon welcome.

Married Couples: Need a weekend away from distractions and the busyness of life? Rekindle and grow in your love and experience the joys that come from a Worldwide Marriage Encounter Weekend. September 15-17 in Alexandria, MN and November 10-12 in Medora. Register at ndwwme.org, or call Rob or Angie at 701-347-1998

Join us for Putt 4 a Purpose, the Bishop's Charity Golf Classic benefiting Seminarian Education and Youth Programs. The event is to be held at Rose Creek Golf Course in south Fargo on Monday, August 7th. If you would like to play, please contact Fr. Pfeifer.



Youth and Adult Pilgrimages to D.C. are being planned for March for Life 2018 Jan. 14-20, 2018. **Youth Called to March for Life!** The cost for the 7-day pilgrimage is \$850 and includes air and ground travel, lodging, meals and tour fees. Registration closes October 15, space is limited! For more info visit fargodiocese.org/respectlife or email rachelle.sauvageau@fargodiocese.org

**St. Philip Neri
Catholic Church**

Saturday, July 29th

<u>Sacristan</u>	Phyllis Johnson
<u>Rosary</u>	Rick Regner
<u>Lectors</u>	Brenda Weigel, Phyllis Johnson
<u>Ushers/ Gift Bearers</u>	Wilma G., Steph H., Gladys M., Barb S.
<u>Servers</u>	McKenzie Haas, Sabrina Haas, Kaydra Kleppe
<u>EMHC</u>	Rick Regner, Lorriane Reis, Cindy Weigel

Sunday, July 30th

<u>Sacristan</u>	Janet Dewald
<u>Rosary</u>	Danny Schmidt
<u>Lectors</u>	Taylor Grunefelder, Richard Gross
<u>Ushers/ Gift Bearers</u>	Steve Gross Family; Evan Gross Family
<u>Servers</u>	Jacob Leier, Claire Piatz, Alexis Schneider, Jada Schwarzenberger, Riley Dewald
<u>EMHC</u>	Cheri Glatt, Bridget Piatz, Kelly Breidenbach